

## Summary of the Main Professional Activities of Prof. Tonino Cantelmi

Prof. Tonino Cantelmi is a medical doctor specialized in Psychiatry and a psychotherapist. He has been married to Antonella since 1990 and is the father of five children.

Prof. Cantelmi was the first Italian researcher to investigate in depth the impact of digital technologies on the human mind, identifying forms of Internet and digital device addiction. In 1998 he presented the first Italian study on this topic, which attracted significant interest within the scientific community and in the media. The following year he edited the first Italian book on Internet addiction: *La mente in Internet* (Piccin Publishing). In 2020 the journal *Psicologia Contemporanea* published a synthesis of twenty years of his clinical research on this topic. In the same year he presented to the Italian Prime Minister the results of the most recent research conducted by his Institute on the use and abuse of new media among adolescents. From 2020 to 2024 he served as a member of research committees at the Italian National Institute of Health focusing on digital addictions.

After winning the national competition for Consultant Psychiatrist in 1995, he held several leadership positions, including the direction of the first Center for the Diagnosis and Treatment of Panic Disorder in the Lazio Region and the role of Director of the Psychiatry Area at the Regional Department of Health of Lazio, coordinating the twelve regional Departments of Mental Health. He also chaired the Regional Commission for Mental Health.

He has served as an expert and delegate of the Italian Ministry of Health and as consultant to several Parliamentary Commissions (Social Affairs, Health, and Childhood). Since 2022 he has been a member of the Italian National Bioethics Committee, appointed by decree of the President of the Council of Ministers, where he coordinates the working groups on *Emerging Technologies* and *Mental Health*. He is also the representative of the National Bioethics Committee in the working group of the Italian National Institute of Health on *Ethics of Artificial Intelligence in biomedical research*.

Prof. Cantelmi founded the first Italian School of Specialization in Cognitive-Interpersonal Psychotherapy, officially recognized by the Italian Ministry of University and Research, training more than 400 psychotherapists. He currently serves as President and Director of the Institute of Cognitive-Interpersonal Therapy (ITCI) in Rome, one of the most active psychotherapy centers in Italy, with approximately 50 collaborators. He is also the founder and Scientific Director of the Sisifo Therapeutic Community, the first Italian facility dedicated to the treatment of behavioral addictions.

He has held several high-profile consulting roles, including:

- Consultant to the Italian High Council of the Judiciary for disciplinary procedures

- Consultant to the Italian Anti-Mafia Directorate (DIA) for the psychological evaluation of mafia and camorra leaders

Since 1998 he has served as an expert witness for the Apostolic Tribunal of the Roman Rota and for the Ecclesiastical Tribunal of the Diocese of Rome. Since January 2024 he has also been registered as Court Technical Consultant (CTU) at the Ordinary Court of Rome.

He is currently the Medical Director and Clinical-Scientific Director of the Opera Don Guanella in Rome, a center of excellence for cognitive disabilities, autism and neurodevelopmental disorders. The institution serves more than 400 individuals, including 219 accredited residential places, 65 accredited semi-residential places and 120 daily accredited outpatient accesses, with approximately 300 employees.

On October 29, 2025, the Italian Minister of Health, Prof. Orazio Schillaci, appointed him President of the Steering Council of INMP – the National Institute for the Promotion of the Health of Migrant Populations and for the Fight Against Poverty-Related Diseases.

Since 1995 he has been engaged in university teaching as a lecturer at several universities (LUMSA, European University of Rome, Pontifical University of Saint Thomas Aquinas, University of Teramo) and as Associate Professor at the Pontifical Gregorian University. He created the first Italian academic course in Cyberpsychology at LUMSA University, later also introduced at the European University of Rome.

In November 2020 Pope Francis appointed him Consultor to the Dicastery for Promoting Integral Human Development for a five-year term. He currently serves as expert member of the Health Council and the Family Council of the Italian Episcopal Conference.

Professional and institutional memberships include:

- President of the Italian Association of Catholic Psychologists and Psychiatrists (AIPPC)
- President of the Italian Catholic Doctors Association – Rome Section (AMCI Rome)
- President of the Institute of Cognitive-Interpersonal Therapy (ITCI – Third Sector Organization)
- District Youth Protection Officer – Rotary International, District 2080
- National Councillor of the Italian Council of Schools of Specialization in Cognitive Behavioral Psychotherapy
- Member of UCID Rome (Christian Union of Entrepreneurs and Managers)

## PERSONAL INFORMATION

Name	Tonino Cantelmi
Address	Via di Santa Costanza 62, 00198 Rome, Italy
Telephone	0644247115
Email	toninocantelmi@tiscali.it

## EDUCATION AND TRAINING

1987	Degree in Medicine and Surgery – Sapienza University of Rome (110/110 with honors)
1991	Specialization in Psychiatry – University of Rome Tor Vergata
1991	Specialization in Cognitive Psychotherapy

## PROFESSIONAL EXPERIENCE

2020–present	Medical Director and Clinical-Scientific Director, Opera Don Guanella, Rome (cognitive disabilities, autism, neurodevelopmental disorders). The institution includes 219 accredited residential places, 65 accredited semi-residential places and 120 accredited daily outpatient accesses. Approximately 300 employees.
1995–2024	Consultant Psychiatrist within the Italian National Health Service (SSN). 1995–1998 Consultant Psychiatrist, Mental Health Center of Pontecorvo (ASL FR); 1998–2000 Consultant Psychiatrist, Mental Health Center of Colferro (ASL RM G); 2000–2006 Consultant Psychiatrist in the SPDC and Head of the 'Center for Diagnosis and Treatment of Panic Disorder and Related Conditions', Nuovo Regina Margherita Hospital (ASL RM A); 2006–2024 at Istituti Fisioterapici Ospitalieri – IFO, Rome.
2025–present	Director of the Advanced Training Course 'Psychology of Compassion and Intervention Techniques', ISSR 'Ecclesia Mater', Pontifical Lateran University.
2005–present	President of the National Institute of Cognitive-Interpersonal Therapy and Director of the Clinical Center and Developmental Age Unit (ITCI Rome).
2021–present	Psychiatric Coordinator of the ITCI Developmental Age Unit – authorized center for certification of Specific Learning Disorders (SLD), authorization ASL Roma 1 – Lazio Region (DGR 32/2020 and L.R. 4/2003 – RR 20/2019).
2017–present	Scientific Coordinator of the therapeutic community for behavioral addictions SISIFO (Tuscania).
1998–present	Psychiatric expert witness, Ecclesiastical Tribunal of Lazio and Apostolic Tribunal 'Roman Rota', Vatican City.
12/03/2006–31/12/2020	Consultant Psychiatrist at Istituti Fisioterapici Ospitalieri – IFO, Rome.
12/03/2004–11/03/2006	Director of the Psychiatry Area, Lazio Regional Department of Health (on leave from ASL).
16/04/2000–11/03/2004	Consultant Psychiatrist in the SPDC and Head of the 'Center for Diagnosis and Treatment of Panic Disorder and Related Conditions', Nuovo Regina Margherita Hospital (ASL RM A).
01/01/1997–15/04/2000	Consultant Psychiatrist, Mental Health Center of Colferro (ASL RM G).
21/10/1995–31/12/1996	Consultant Psychiatrist, Mental Health Center of Pontecorvo (ASL FR).
1993–1995	Consultant Psychiatrist, Military Hospital of Legal Medicine, Rome.
01/05/1993–31/10/1995	Appointed Deputy Medical Director and Responsible Physician, 'Angeli Custodi' Institute, coordinating clinical and diagnostic activities (100 beds; 7 physicians; about 20 nurses and over 50 auxiliary staff) (Accredited Nursing Home, former USL RM 35).
01/05/1991–30/04/1993	Clinical Researcher, Medical Department, CNS Area, Wellcome Italia; coordinator of the Italian trial of Lamotrigine in epilepsy and member of the European Epilepsy Research Group; 1993–1994 Consultant Psychiatrist, Medical Department, Wellcome Italia.
1989–1992	Consultant Psychiatrist, 'Angeli Custodi' Institute (former USL RM 35).

1989–1991	Consultant Psychiatrist, 'Villa W. Von Siebenthal' Clinic (former USL RM 34).
18/12/1987– 07/04/1991	Medical Officer, Italian Army, assigned to the health unit of the X Inter-Force Motor Group in Rome and Officer Adviser; in 1991 winner of the competition with eligibility for Medical Captain.

### INSTITUTIONAL APPOINTMENTS

February 2026– present	Representative of the National Bioethics Committee (CNB) in the Working Group of the Italian National Institute of Health (ISS) on 'Ethics of Artificial Intelligence in Biomedical Research'.
October 2025– present	Appointed by the Minister of Health as President of the Steering Council of INMP – National Institute for the Promotion of the Health of Migrant Populations and the Fight against Poverty-Related Diseases (INMP acknowledgment no. 386 of 15/10/2025).
August 2025– present	Member of the 'Guanellian technical-scientific-cultural committee' of the Province San Luigi Guanella.
March 2024– present	Member of the ARIS Non-Profit Commission, appointed by note prot. 206/2024 by the ARIS Director General Dr. Mauro Mattiacci.
January 2024– present	Registered in the list of Court Technical Consultants (C.T.U., Civil Sector) at the Ordinary Court of Rome.
May 2023	Special delegation by the Mayor of Fiumicino to serve as 'Guarantor for Persons with Disabilities and for the implementation of the UN Charter', Municipality of Fiumicino.
February 2023– present	Member of the International Observatory 'Nascent Life and Perinatal Medicine', sponsored by the National Office for Healthcare Pastoral Care of the Italian Episcopal Conference.
December 2022–present	Member of the Italian National Bioethics Committee, appointed by Decree of the President of the Council of Ministers no. 4547/2022 (06/12/2022). Coordinator of the Working Groups 'Emerging Technologies' and 'Mental Health'.
September 2022–present	Member of the scientific Working Group for the evaluation and dissemination of the consequences of cannabis use on youth mental health at the Order of Physicians and Dentists of the Province of Rome. Appointment renewed for the four-year period 2025–2028 for prevention and evaluation of cannabis and new psychoactive substances use among youth.
2022–2026	Appointed District Youth Protection Officer – Rotary International District 2080.
September 2022–2023	Elected to the National Council of UIL-FPL as adviser for the Medical Area coordination.
March 2022– present	Member of the Psychiatry and Mental Health Commission of the Order of Physicians and Dentists of the Province of Rome (appointment renewed for the 2025–2028 term).
February 2022– present	Member of the Scientific-Technical Committee for the project 'Behavioral addictions in Generation Z. Prevalence studies in the school population (11-17 years)' at the National Institute of Health – National Center for Addiction and Doping.
January 2022– present	Member of the Scientific-Technical Committee of Giomi Innovation and Research (GIR).
September 2021–present	Head of the 'Mental Distress' area, Diocesan Healthcare Pastoral Team.
November 2020–2025	Consultor to the Dicastery for Promoting Integral Human Development, Vatican City (Decree of Pope Francis, 11/11/2020).
November 2020–present	Expert member of the consultative body of the National Office for Family Pastoral Care of the Italian Episcopal Conference.
2020	Member of the Equal Opportunities and Well-Being Committee (CUG) of Istituti Fisioterapici Ospitalieri.
2019–2020	Member of the Corporate Working Group on patient-centered care (IRE-ISG deliberation no. 775 of 20/08/2019).
2019–2022	Expert member of the Regional Mental Health Advisory Board – appointed by Decree of the President of the Regional Council (10 July 2019).

2018–present	Consultor member of the National Office for Healthcare Pastoral Care of the Italian Episcopal Conference (renewed February 2024 for five years).
December 2018–present	Trusted adviser to the Society of Jesus, delegation of the Roman houses and works of the Jesuits.
September 2018–2020	Vice President of the national association 'Forum of Socio-Healthcare Associations'.
June 2018–2020	Elected member of the National General Council of UIL-FPL (5th National Congress).
April 2018–2020	Member of the 'Mental Health' Commission of the Order of Physicians of Rome.
2016–2020	National Head of the Medical Area for training and communication, UIL-FPL.
2016–present	Coordinator of the Psychiatry working group, Office for Healthcare Pastoral Care, Italian Episcopal Conference.
2015–2020	Member of the Equal Opportunities Committee (CUG) – IFO.
2015–2018	Member of the 'Mobbing' Commission of the Order of Physicians of Rome.
2015–2022	Trade union executive and company coordinator IRE; member of the National Executive Committee – Medical Area, UIL-FPL.
2015–2018	Consultant Psychiatrist for the Congregation for Institutes of Consecrated Life and Societies of Apostolic Life, Vatican City.
2012–2015	Member of the 'Mobbing' Commission of the Order of Physicians of Rome.
2012–2020	Consultant Psychiatrist, Ovarian Tissue and Germ Cells Bank – IFO.
2012–2015	Member of the 'Work-related Stress' Commission of the Order of Physicians of Rome.
2012–2015	Member of the Commission on the closure of Forensic Psychiatric Hospitals (OPG), Order of Physicians of Rome.
2011–2019	Expert member, National Family Council of the Italian Episcopal Conference.
2010–2011	Director, Personal Support Area (integrated psychology and psychiatry services), Regina Elena Institute and San Gallicano Institute, Rome.
2009–2015	National Coordinator, Psychiatry thematic area, UGL-Medici; member of the National Council of UGL Medici.
2007	Coordinator of psychiatric and socio-rehabilitative activities in penitentiary institutions of the Lazio Region.
2006–2007	Contract consultant, Italian Institute of Social Medicine, Rome.
2005–2007	Member of the National Commission for Mental Health – Ministry of Health.
2004–2005	President of the Lazio Regional Single Commission for Mental Health.
2004–2006	Director of the Psychiatry Area of the Lazio Regional Department of Health.
2003–2005	Expert member of the Commission for the National Anti-Drug Fund (Lazio Region decree 250/2002; confirmation T0491/2005).
2003	Expert member of the Commission for ICD-9 coding of hospital discharge records (Lazio Regional Health Agency).
2003	Expert member of the Inquiry Commission on 'Declining birth rate, pregnancy, childbirth and puerperium', Italian Senate.
2003	Member of the CRUI-FIABA bilateral technical committee for FIABA Day (Presidency of the Council of Ministers directive 96 of 28/02/2003).
2002–2005	Expert member of the Commission for the National Anti-Drug Fund (Lazio Region decree 250/2002; confirmation T0491/2005).
2002–2005	Expert member of the Observatory for Family Policies of the Lazio Region.
2002–2004	Member of the National Observatory for Mental Health (Decree of the Minister of Health 10/04/2002).
2002	Consultant Psychiatrist, Ministry of Health.
2002	Expert member of the interministerial committee 'CICLOPE' for the prevention and fight against pedophilia.
2001–2005	Consultant Psychiatrist, Parliamentary Commission for Childhood.
2001–2003	Consultant Psychiatrist, Health Commission, Italian Senate.

2001	Consultant Psychiatrist, Regional Health Service of the Lazio Region.
1998–2000	Member of the consultants' committee for the project for the requalification of residential communities for adolescents, Municipality of Rome.

### UNIVERSITY TEACHING ACTIVITIES

2024–present	Visiting Professor, Pontifical University of St. Thomas Aquinas – Angelicum, Academic Year 2024–2025, course 'Psychology and Theology in Dialogue'.
2023	Professor of Child Neuropsychiatry, University of Teramo, Specialization School for educational support for students with disabilities, 30 hours, Academic Year 2022/2023.
2022–present	Associate Professor at the Institute of Psychology of the Pontifical Gregorian University for the periods 2022–2023, 2023–2024, 2024, 2025–2028.
2021–present	Appointed by the Dean of the Tribunal of the Roman Rota as lecturer in Psychology for the Second Course of Rotal Studies.
1995–2022	Adjunct Professor, Course in Psychopathology, Institute of Psychology, Pontifical Gregorian University, Rome; since 2022 Associate Professor.
2016–present	Adjunct Professor, Course in Cyberpsychology, European University of Rome (UER).
2014–2020	Contract Professor, Course in Psychiatry MED/25, Bachelor's Degree in Nursing, Sapienza University of Rome.
2008–present	Director and Lecturer, School of Specialization in Psychotherapy – SCINT, Rome (authorized by the Ministry of University and Research, Official Gazette 180/2008).
2014–2015	Adjunct Professor, Course in Cyberpsychology, LUMSA University, Rome.
2013–2015	Adjunct Professor, Course in Psychopedagogy of Marginality and Juvenile Deviance, LUMSA University, Rome.
2009–2014	Adjunct Professor, Course in Developmental and Educational Psychology, Faculty of Psychology, LUMSA University, Rome.
2009–2012	Permanent Professor, Course in General Psychology and Psychology of Consecrated Life, Pontifical University Regina Apostolorum.
2011–2012	Academic Director of the Master's Degree in Psychology of Consecrated Life, Pontifical University Regina Apostolorum.
2010–2012	Adjunct Professor, Second-Level Master's Program 'Assessment and Intervention in Child Abuse and Pedophilia', University of Modena and Reggio Emilia.
2010–2011	Adjunct Professor, Course in General Psychology, Faculty of Arts and Philosophy, University of Perugia.
2009–2010	Adjunct Professor, Course in Psychopathology of Consumption, Faculty of Psychology, Sapienza University of Rome.
2007–2008	Contract Professor of Social Psychology, Faculty of Psychology, European University of Rome.
2002–2006	Contract Professor of Psychiatry, Pontifical Athenaeum Regina Apostolorum, Rome.
2002–2003	Adjunct Professor, Course in Developmental Psychopathology, Faculty of Education, LUMSA University, Rome (annual course, 60 hours).
2001–2005	Contract Professor, Course in Psychotherapy, Second School of Specialization in Psychiatry, Faculty of Medicine, Sapienza University of Rome.
2000–2001	Contract Professor, Course in Clinical Nursing in Child Neuropsychiatry, University Diploma for Psychiatric Rehabilitation Technicians, Faculty of Medicine, Catholic University of Rome.
2000–2001	Contract Professor, Course in Neuropsychopharmacology, School of Specialization in Psychiatry, Faculty of Medicine, University of Palermo.
1999–2000	Adjunct Professor, Course in Developmental Psychopathology, Faculty of Education, LUMSA University, Rome (30 hours).
1999–2000	Visiting Professor, Course in Psychophysiology, Institute of Psychology, Pontifical Salesian University of Rome (30 hours).

### OTHER TEACHING, SCIENTIFIC APPOINTMENTS AND COLLABORATIONS

2025	Scientific Director and lecturer, Advanced Training Course in Psychology of Compassion and Intervention, ISSR Ecclesia Mater.
2023	Co-Scientific Director and lecturer of the Second-Level Master's Degree in Cyber Psychology and Socio-Pedagogy of Information, Guglielmo Marconi Telematic University.
2018	Lecturer, Interdisciplinary Course for Consecrated Life, APRA.
2018	Lecturer, Postgraduate Advanced University Course in Family Counseling, Italian Episcopal Conference (CEI) and Pontifical Lateran University, Rome.
2018–present	Professor of 'History, metamorphosis and images of the family – models and contributions of psychology', Advanced Training Course in Family Counseling, CEI – Rome.
Academic Year 2017	Lecturer, Advanced Training Course in 'Pastoral Care and Health', Camillian Institute.
Academic Year 2017	Lecturer, Postgraduate Advanced University Course 'Ethics of Politics', Movement PER and Pontifical Lateran University.
Academic Year 2017	Lecturer, course 'The Educational Relationship: Conflict Management', Consorzio Roma.
2017	Lecturer, Advanced Course in 'Health Management', OPES – UIL FPL, Catania.
2016–2017	Member of the Organizing Committee of the First-Level Master's Degree 'Interpersonal Violence: models for combating stalking and persecutory acts', Guglielmo Marconi University.
2016–present	Lecturer, Continuing Education Course 'Mitis Iudex', John Paul II Institute, Pontifical Lateran University.
2014–2017	Visiting Professor, Lateran University for the John Paul II Institute and the Course in Ethics of Politics.
2014–2015	Lecturer, Master in Digital Journalism, Pontifical Lateran University.
2014	President of the Scientific Technical Committee of the Omnia Foundation, Viterbo.
2006–2014	Clinical-Scientific Director, Center for Eating Disorders, Italian Hospital Group.
2012	Professional Level Member, National Council on Sexual Addiction and Compulsivity (Society for the Advancement of Sexual Health).
2012	Member of the International Agency of the Fondation Guilé – European Institute of Social Studies, Paris.
2007–2010	Member of the Teaching Commission and Head of the 'Psychiatry' training area, Hospital Medical School, Rome.
2006–2009	Coordinator of teaching and clinical activities, Interuniversity Consortium FORTUNE, School of Specialization in Psychotherapy, LUMSA University, Rome.
2003–2009	Lecturer, Advanced Course in 'Addictive Behaviours and Related Disorders', Faculty of Medicine, Catholic University of the Sacred Heart, Rome.
2009	Lecturer, Hospital Medical School of Rome; Director of the Course 'The Cognitive-Interpersonal Approach and Emerging Psychopathology'.
2008	Lecturer, Hospital Medical School of Rome; Director of the Course 'Sexual Offenders'.
2008	Member of the Scientific Committee, Movimento Bambino, Rome.
2008	Coordinator of the Scientific Committee 'Insieme con te Onlus', self-help association for mood disorders, Rome.
2000–2007	Clinical Supervisor and Coordinator of the psycho-pedagogical team, 'Gemma Vittori' and 'La Perla' Family Homes for abused and maltreated minors, Municipality of Manziana (Rome).
2007	Lecturer and Scientific Director, Training Course for Self-Help Group Facilitators, Pontifical Salesian University, Rome.
2006–2007	Lecturer, Second-Level Postgraduate Master's Degree 'Pathological Addictions', University of Pisa.
2006–2007	Lecturer, ECM Course Regione Lazio ASL FR 'The Therapeutic Relationship', Frosinone.

2006–2007	Lecturer, Second-Level Master's Degree 'Psychotechnologies and Pathophysiology of New Media', Faculty of Medicine, University of Palermo.
2006–2007	Director, Biennial Master 'Psychopathology and Treatment of the Sexual Offender', FederPsi – Movimento Bambino – ARPCI, Rome.
2006	Lecturer in Psychology, International Course for Seminary Formators, Legionaries of Christ Training Center.
2006	Lecturer in Criminology, Course 'Criminal Investigation', Lazio Region IPA.
2006	Director and lecturer, Course 'Sexological Counseling in Clinical Practice', ARPCI Academy of Sexology (National ECM Program).
2006	Lecturer, ECM Course Regione Lazio ASL RMB 'Hidden Suffering', Rome.
2005–2006	Lecturer, Advanced Course 'Social, cultural, psychodynamic and therapeutic aspects of perversions, pedophilia and violent sexual behaviors', Catholic University of the Sacred Heart, Rome.
2005	Scientific Director and Lecturer, Training Course for Self-Help Group Facilitators, Lazio Region.
2005	Professor of Psychiatry, Master for Psychotherapists, Pontifical Lateran University.
2005	Lecturer, Course 'Care for the Terminal Cancer Patient', Villa Speranza Oncological Hospice – Catholic University of the Sacred Heart.
2005	Lecturer, Three-year training course on 'Pathological Addictions', MODAVI Onlus.
2005	Member of the Scientific Council and Lecturer of the International Academy of Science of Peace, Rome; Professor of 'Psychology of Conflicts'.
2004	Lecturer in Psychology, International Course for Seminary Formators, Legionaries of Christ Training Center.
2004	Lecturer, School of Specialization in Behavioral Psychotherapy 'Istituto Tolman', Palermo.
2003–2004	Lecturer, Hospital Medical School of Rome, Course 'Treatment of Panic Disorder' (45 hours).
2003	Lecturer, Training Course 'Ethics of Healthcare Organization', Lateran University, Rome.
2003	Lecturer, School of Specialization in Brief Dynamic Psychotherapy – IAF, Rome.
March 2003	Lecturer, National ECM Course 'Panic Disorder', IAF Institute of Advanced Training, Rome.
June 2003	Lecturer, National ECM Course 'Somatization, Anxiety and Depression', AIRON Communication, Rome.
June 2003	Lecturer, 'Psychotherapy and Sexual Addiction', Summer Training Course, Institute of Psychology, Maddaloni.
2001–2003	Lecturer, Advanced Course 'Social, cultural, psychodynamic and therapeutic aspects of perversions, pedophilia and violent sexual behaviors', Catholic University of the Sacred Heart, Rome.
2001–2002	Lecturer, Hospital Medical School of Rome, Course 'Theory and Practice in Psychiatric Rehabilitation'.
2001–2002	Director of the technical-professional updating course 'Panic Disorder: etiopathogenesis, diagnosis and therapy', MC Visconti Institute, Rome.
2000–2002	Lecturer, Advanced Course 'Addictive Behaviours and related disorders', Catholic University of the Sacred Heart, Rome.
2000–2001	Lecturer, Hospital Medical School of Rome, Course 'Cognitive-oriented Day Centers: Theory and Practice'.
1999–2001	Senior Lecturer, Professional retraining course 'Burnout of trainers and supervision of trainers groups', Lazio Region and European Union.
1999–2000	Lecturer, Hospital Medical School of Rome, Courses 'Psychotherapy of Schizophrenia' and 'Approach to Relational Therapy'.
1999	Lecturer, Semeion Institute Rome, Course in Clinical Psychopharmacology.
1998–2000	Lecturer, Course 'Prevention of Mental Illness', Pastoral Training Program, Calabrian Theological Institute, Camigliatello.
1999	Lecturer, DSM ASL Frosinone Training Course in Psychopathology, Lazio Region.

1999	Lecturer, Course 'Emotional Bonds: psychopathology of love and falling in love from adolescence to adulthood', Colleferro School District.
1998–1999	Lecturer, Hospital Medical School of Rome, Course 'Introduction to Cognitive Psychotherapy'.
1998–1999	Lecturer in Psychology, Annual Course for Seminary Formators (Congregation for Catholic Education, Vatican City).
1997–1998	Lecturer, Academy of the History of Healthcare Arts, Rome, Course in Clinical Psychopharmacology.
1997–1998	Lecturer, Hospital Medical School of Rome, Courses in 'Psychopathology' and 'Psychopharmacology'.
1996–1997	Lecturer, Hospital Medical School of Rome, Course in 'Psychopathology'.

### SCIENTIFIC ASSOCIATIONS, EDITORIAL BOARDS OF SCIENTIFIC JOURNALS AND EDITORIAL ACTIVITIES

2017–present	Scientific Coordinator of the SISIFO Therapeutic Community for the treatment of behavioral addictions (Tuscania).
2007–present	President and Scientific Director of Federpsi – Italian Federation for Psychotherapy, Research and Integrated Training.
2005–present	President of ITCI – Institute of Cognitive Interpersonal Therapy.

### ASSOCIATIONS

December 2025–present	Member of the Board of UCID Rome (Christian Union of Entrepreneurs and Managers).
November 2024–present	Vice President of the Association 'Politics and Society in the Commitment of Catholics'.
2024–present	National Council Member, Italian Council of Schools of Specialization in Cognitive Behavioral Psychotherapy.
June 2021–present	President of the Italian Catholic Doctors Association – Rome Section (AMCI Rome).
May 2018–present	President of the Association 'Institute of Cognitive Interpersonal Therapy – ITCI ETS' (registered in the RUNTS Third Sector Registry).
2007–present	Member of the Association AIPPC – Italian Association of Catholic Psychologists and Psychiatrists.
1998–2004	National President of AIPPC – Italian Association of Catholic Psychologists and Psychiatrists.
2015–2023	National Vice President and Member of the National Board of the Community of the Diaconate in Italy.
2001–2012	Vice President of AP-SIMP – Association of Psychotherapists of SIMP.
Currently not in office	Member of the Scientific Committee of the Criminological Observatory on Information Technology (UCSS, Rome).

### EDITORIAL ACTIVITIES

2015–present	Editorialist for Agensir and Avvenire; contributor to the journal Punto Famiglia (since 2014).
1997	Editor of the quarterly journal ARFN Informazione (Registered at the Court of Rome no.160 of 14/03/1997).

### EDITORIAL BOARDS OF SCIENTIFIC JOURNALS

2015–2024	Scientific Director of the journal 'Modelli della Mente', Franco Angeli Publisher (ISSN 2036-4180).
2008–2015	Scientific Director of the journal 'Modelli per la Mente', CIC Edizioni Internazionali, Rome.

## **PUBLICATIONS, CONFERENCES, PROFESSIONAL DEVELOPMENT AND AWARDS**

### **MAIN PUBLICATIONS**

	Author of more than 500 scientific publications and approximately 60 books.
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### **CONGRESSES AND CONFERENCES**

	Invited speaker at approximately 500 scientific conferences
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### **PROFESSIONAL DEVELOPMENT**

	Continuing professional development activities
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### **AWARDS AND RECOGNITIONS**

2026	'Energie per Roma' Award for excellence in the fields of innovation, culture, civic engagement, entrepreneurship and research in the city of Rome.
2004	'Strade Onlus' Award for Communication on Depression, Chamber of Deputies, 20 February 2004.
2005	Capitoline Gold Award for Medical Sciences, Norman Academy, Florida (USA).